

# GIP-Tbilisi activities

A short report  
2022

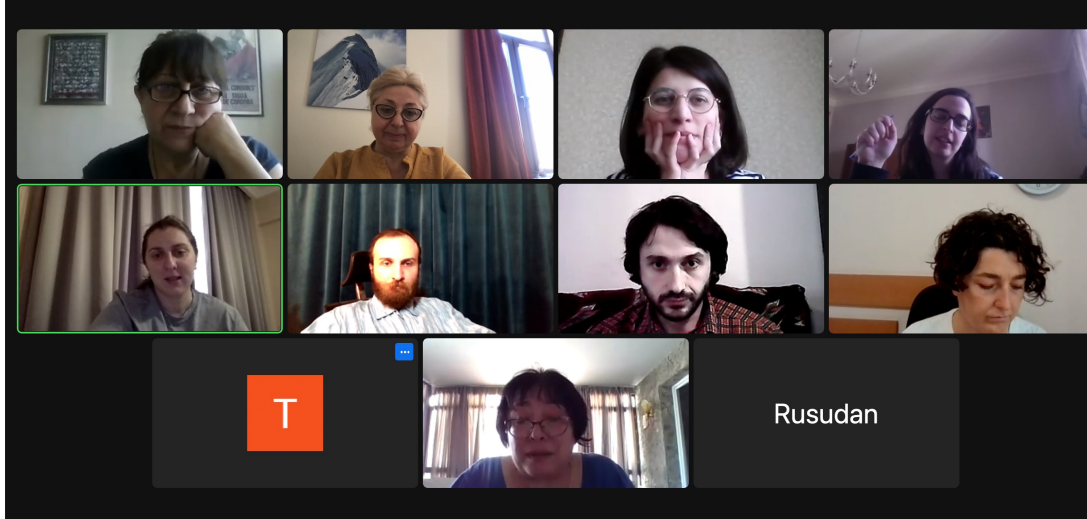


# A good news – EC project

- App. EUR 1.4 mln
- 6 co-applicants
- Contributing to the Crime and Addiction Prevention Policies and Reforms
- Introducing new preventive modules + addiction treatments
- Strong advocacy and capacity building components

# Club Synergy

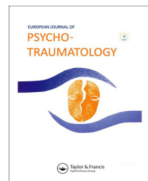
- Psychosocial service for adolescents and youth (14-25);
- Started in March 2019
- Preventive-intervention programs
- Emotional and behavioural problems, including addictive behaviours
- Tbilisi and Batumi
- Transdiagnostic and Advanced modules
- Trauma-informed service
- Hybrid sessions
- Since April 2020 treats adult population as well, with short-term interventions



# Club Synergy (cont.)

Since April 2022 – working with Ukrainian refugees (at centre and via mobile clinics)

A paper on service effectiveness (EJPT)



European Journal of Psychotraumatology



ISSN: (Print) (Online) Journal homepage: <https://www.tandfonline.com/loi/zept20>

## A transdiagnostic psychosocial prevention-intervention service for young people in the Republic of Georgia: early results of the effectiveness study

Nino Makhshvili, Jana Darejan Javakhishvili, Ivdivty Chikovani, Rhys Bevan-Jones, Maia Uchaneishvili, Ketevan Pilauri, Natia Shengelia, Nutsa Marjanishvili, Lela Sulaberidze, Keta Sikharulidze, Bayard Roberts & Jonathan Bisson

To cite this article: Nino Makhshvili, Jana Darejan Javakhishvili, Ivdivty Chikovani, Rhys Bevan-Jones, Maia Uchaneishvili, Ketevan Pilauri, Natia Shengelia, Nutsa Marjanishvili, Lela Sulaberidze, Keta Sikharulidze, Bayard Roberts & Jonathan Bisson (2022) A transdiagnostic psychosocial prevention-intervention service for young people in the Republic of Georgia: early results of the effectiveness study, *European Journal of Psychotraumatology*, 13:1, 2060606, DOI: 10.1080/2008198.2022.2060606

To link to this article: <https://doi.org/10.1080/2008198.2022.2060606>



Synergy Club • კლუბი სინერჯია

March 22 · 🌐

ფსიქიკური ჯანმრთელობის და ფსიქოსოციალური დახმარების პლატფორმა უკრაინის მხარდასაჭერად.

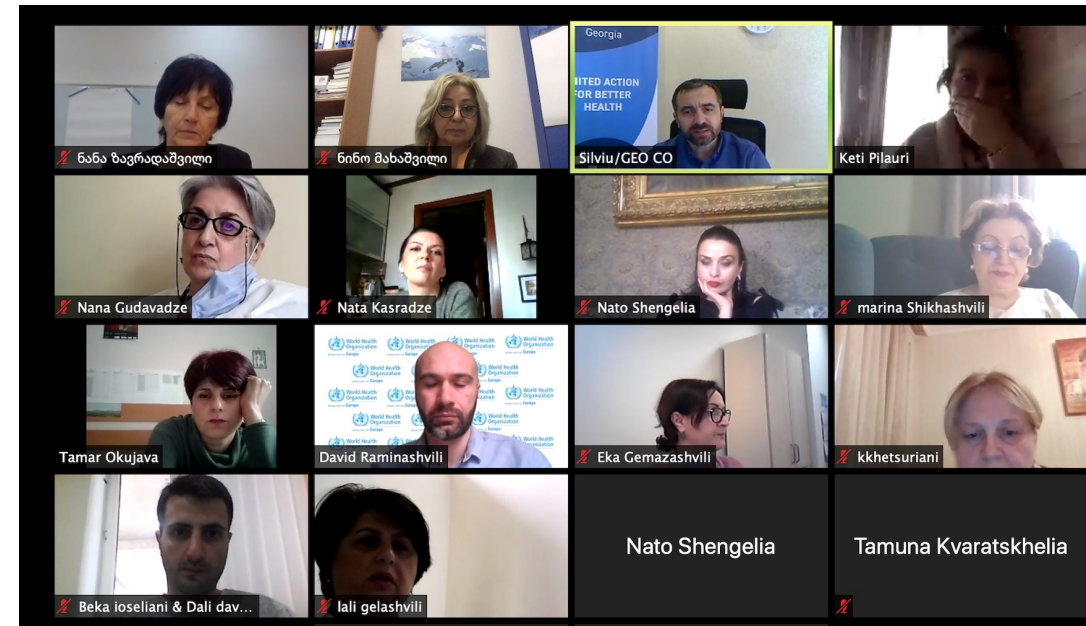
◆ პლატფორმა იმ ორგანიზაციებს და პროფესიულ ჯგუფებს აერთიანებს, რომლებიც უკრაინის მოქალაქეებს ფსიქიკური ჯანმრთელობისა და ფსიქოსოციალური დახმარების მომსახურებას უფასოდ სთავაზობს

◆ Platform brings together organizations and professional groups that offer free Mental Health and psychosocial support services to Ukrainian citizens 🇺🇦

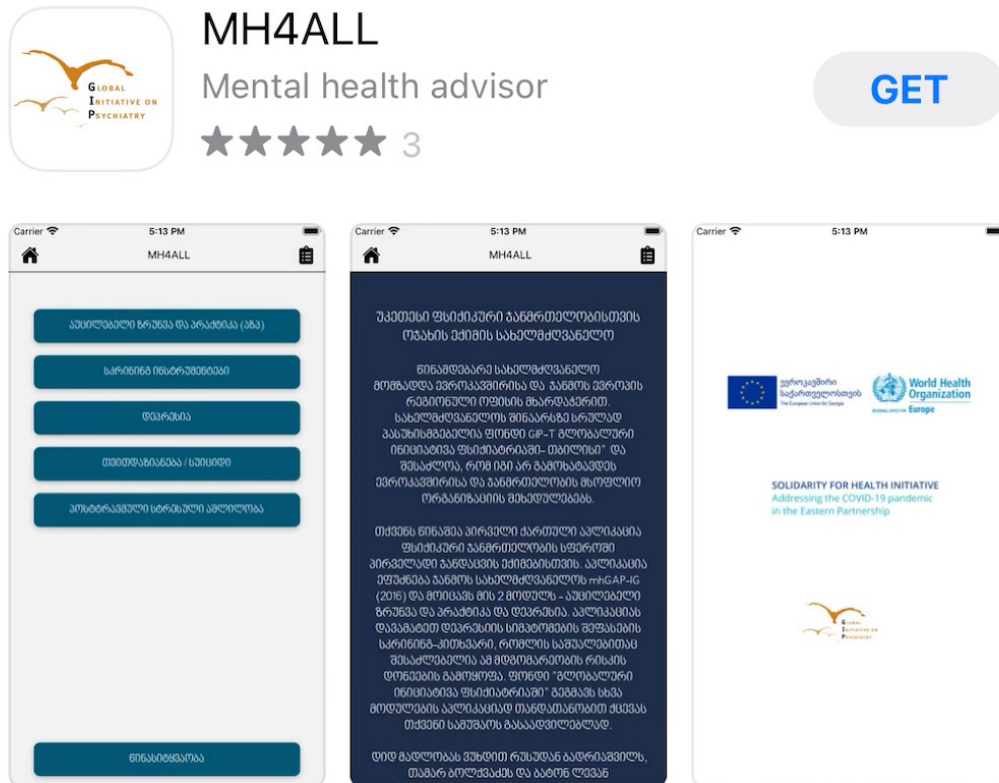
The screenshot displays the Synergy Club website in Georgian. At the top, there is a header with the logo and name 'Synergy Club • კლუბი სინერჯია' and the date 'March 22'. Below the header, there are two main sections. The left section is titled 'საქართველოს მთელი კერძო სექტორის ინტეგრირებული ფსიქიკური დახმარების ცენტრი' and lists various service providers with their contact details. The right section is titled 'За ініціативою Товариства Червоного Хреста Грузія почала роботу кооперативна платформа з психічної допомоги' and lists more service providers. The website is organized into a grid of service cards, each with a title, description, and contact information.

# WHO and UNDP project – integration MH into PCH

- Since October 2020 to March 2022 (3 phases)
- mhGAP-IG based, added with other priority disorders as anxiety and stress-related conditions
- Child and Adolescent Conditions
- App. 2000 persons received MHPSS support via PHC
- Systematic problems identified, reported, advocated



# mhGAP app: MH4all



- The first Georgian app on mental health
- Depression, Suicide/Self-harm, PTSD, Anxiety, self-assessment measures
- Developed for family doctors
- Is used by all mental health specialists
- Good feedback

# mhGAP work in other countries

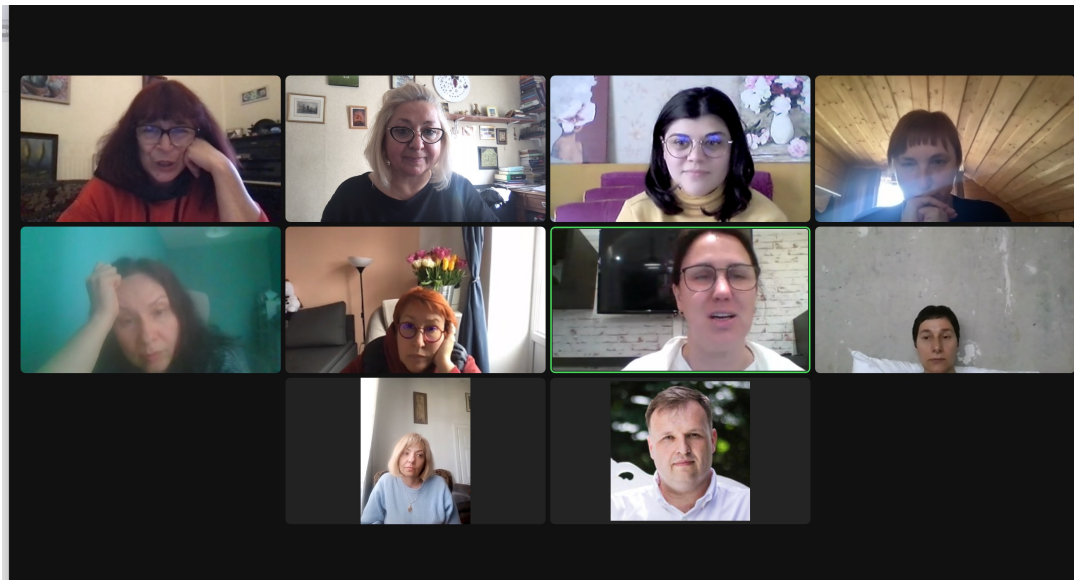
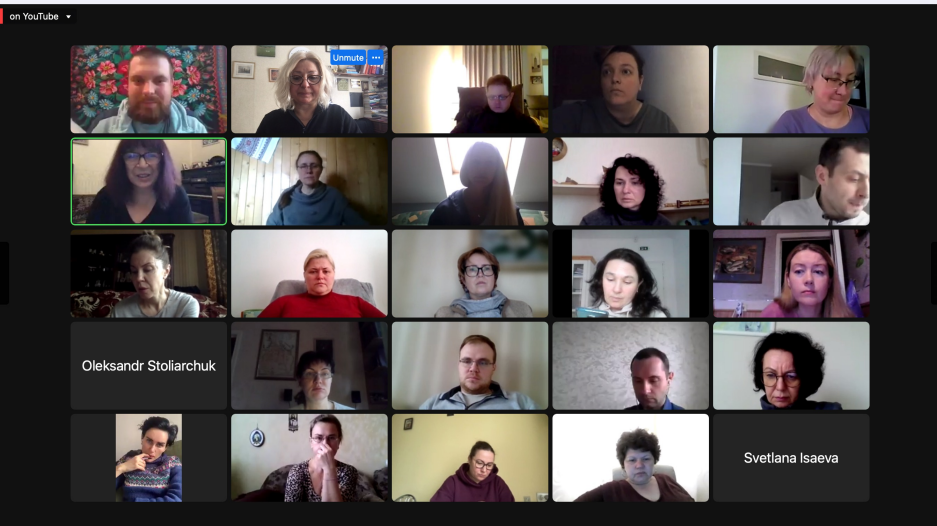
- Armenia
- Azerbaijan
- North Macedonia
- mhGAP-IG, mhGAP-HIG
- Training of Trainers and Supervisors (ToTS)
- Implementation study; Monitoring and Evaluation Instruments

# Belarus work continues...

- Under coordination of FGIP
- Coordination of capacity building on stress -related conditions and brief psychosocial intervention with mental health specialists
- The most recent one –in April 2022 (3rd round)
- Specific mandate; online working mostly from different countries
- Case coordinator; informed consent; referral pathways;
- System on reporting from counsellors;
- Data-base developed and data uploaded;
- Training Lithianians for a crisis centre staffing.



# UKRAINE



- Webinar (NM & JJ), March 5, on Crisis Counselling; attended by more than 500 persons
- Capacity Building program – 10 weeks-long, well attended by potential counsellors (10 p.)
- Instruments in Ukrainian;
- Case Report form developed; now discussing data-base;
- Online MHPSS support will start in mid-June;
- MHPSS Work was started with refugees in Georgia (Tbilisi and Batumi) via Club Synergy

# Sri Lanka – May 2022

- 19 participants from Jaffna
- Carefully designed program for psychiatrists, mental health workers, social workers, administrative officers;
- „*The training methodology broke down hierarchical and gender barriers and established a solid foundation for powerful teamwork.*“  
(G. Ponniah)



# Some Other Activities

- Engaging peer educators (13-16 yo) through Synergy Clubs
- Delivering trainings to staff of Crisis Centres for Victims of Violence and Trafficking



Batumi, with UNICEF reps



Tbilisi



# Some Other Activities (cont.)

- USA Embassy Project, providing Probation Agency (Ministry of Justice) with several psychosocial RR programs, developed by Club Synergy members
- Working with coalitions (i.e. PwMD) and Agencies (ministries) – for instance on De-I strategy, standards of particular services, etc.
- Leading role in WPA Thematic Congress (Oct 2022) preparation
- Tentative steps: contracts with 2 businesses on MH counselling with a fee



# Some Other Activities (cont.)

- MA program at Ilia State University; Students counselling service
- Longitudinal Study on COVID 19 stressors and MH conditions in Georgian population (2020-2021-2022): 2020 paper published; 2021 – accepted; 2022 – data under analysis;
- MASC study: Mental health care: Adverse Sequelae of Covid-19 – continuous with outputs (country reports, a paper under development)

**Fund**  
**Global Initiative on Psychiatry - Tbilisi**  
**Balance Sheet**  
**As of 31.12.2020**

	EURO
<b>Assets</b>	
<b>Current Assets:</b>	<b>31.12.2020</b>
Advance for personnel	9,652
Cash in Safe	6,004
TBC Bank	28,510
TBC Bank Business Card	604
Tax refund	1,280
Donor receivable	61,417
<b>Total Current Assets</b>	<b>107,467</b>
<b>Fixed Assets:</b>	
Fixed Assets:	12,518
<b>Total Fixed Assets</b>	<b>12,518</b>
<b>Total Assets</b>	<b>119,985</b>
<b>Liabilities and Equity</b>	
<b>Current Liabilities:</b>	
Other Current Liabilities	0
Liabilities to donors	30,251
Short-Term Notes Payable	0
<b>Total Current Liabilities</b>	<b>30,251</b>
<b>Total Liabilities</b>	<b>30,251</b>
<b>Equity</b>	
Opening Balance Equity	57,745
Negative exchange rate difference	(249)
Financial profit/Loss of the current year	32,237
<b>Total Equity</b>	<b>89,734</b>
<b>Total Liabilities and Equity</b>	<b>119,985</b>

# Finances - 2020

# Finances - 2021

<b>Assets</b>	
<b>Current Assets:</b>	<b>31.12.2021</b>
Advance for personnel	8,453
Cash in Safe	5,515
TBC Bank	177,587
TBC Bank Business Card	905
Tax refund	1,517
Donor receivable/WHO	21,133
<b>Total Current Assets</b>	<b>215,110</b>
<b>Fixed Assets:</b>	
Fixed Assets:	10,253
<b>Total Fixed Assets</b>	<u>10,253</u>
<b>Total Assets</b>	<u><u>225,363</u></u>
<b>Liabilities and Equity</b>	
<b>Current Liabilities:</b>	
Other Current Liabilities	
Liabilities to donors	54,077
Short-Term Notes Payable	0
<b>Total Current Liabilities</b>	<u>54,077</u>
<b>Total Liabilities</b>	<b>54,077</b>
<b>Equity</b>	
Opening Balance Equity	89,734
Negative exchange rate difference	(3,058)
Financial profit/Loss of the current year	84,610
<b>Total Equity</b>	<u><u>171,286</u></u>
<b>Total Liabilities and Equity</b>	<u><u>225,363</u></u>

Director:



# THANK YOU!

